

Suggested sources for training uniforms (gi or dogi) and weapons (bokken-sword, jo-staff, and tanto-knife)

High-quality canvas style: KI International Corp.
www.kiintl.com "Mugen Karate GI" Orange (lighter weight)
or Yellow Label (Heavy Weight)



Light-weight more affordable canvas style:
Golden Tiger Martial Arts, goldentiger.com

High-quality Judo/Aikido style (heavy quilted fabric):
Seido Budo Equipment: seidoshop.com



More affordable Judo style:
goldentiger.com



Another Good Source for Dogi, Hakama, and weapons:
e-bogu.com

High-quality training weapons: kiyotacompany.com

Dogi Sizing:

0000 3'3"-3'6"
000 3'7"-3'10":
00 3'11"-4'2"
0 4'3"-4'6"
1 4'7"-4'10"
2 4'11"-5'2"
3 5'3"-5'6"
4 5'7"-5'9"
5 5'10"-6'
6 6'-6'3"

Aikido Classes at Standley Rec. Center
3585 Governor Dr, San Diego, CA 92122
Tuesdays at 5pm, 7-10 years old
Tuesdays at 6:30pm, adult beginners
Thursdays at 5pm 10-15 years old
Thursdays at 6:30pm adult advanced
Saturdays at 10:30am mixed levels

Kagami Dojo

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